



Safety requirements for the prevention and control of the spread of COVID-19 in the restoration of international shipping traffic

COVID-19 is a viral infection that spreads from person to person as a droplet infection, mainly through contact with an infected person who has symptoms characteristic of the infection. The virus can also spread from contaminated surfaces due to unwashed hands. On contaminated surfaces, the virus persists for up to three days under favorable conditions but is destroyed during cleaning and disinfection.

This guide is intended for ports and ship operators in order to prevent and limit the spread of COVID19 upon reopening international shipping traffic.

1. The opening of passenger traffic between Estonia and Finland and the number of tickets sold onboard depend on the epidemiological situation.
2. Until 14.06.2020, tickets shall be sold up to 0.5 of the prescribed capacity of the ship. If the epidemiological situation is favorable, this deadline may be reassessed after two weeks (28.05.2020).
3. One person can be in one public area for every two chairs (number of seats x 0.5), the seating must be arranged in such a way that the 2+2 rule is ensured.
4. Boarding and disembarkation must be organized over a long period of time to avoid large gatherings.
5. Shipping companies must ensure that hand sanitizers are available onboard ships in public areas (e.g., hand antiseptics must be available when entering the catering area, exiting toilets, and in other crowded places).
6. Shipping companies map the most important contact surfaces on ships and ensure enhanced cleaning and disinfection of contact surfaces (according to the cleaning plan and, if necessary, unscheduled). The Health Board's instructions for cleaning and disinfection can be found at: www.terviseamet.ee/et/COVID-19-trukised.
7. Passenger vessels must have separate medical personnel onboard, except on high-speed vessels.
8. Ships shall be provided with the capability to temporarily isolate persons with COVID-19 symptoms in the cabin and shall have instructions for the treatment of symptomatic passengers (temporary isolation, disembarkation with a protective mask, disembarkation last) and for final disinfection of the cabin.
9. Children's playrooms and ball seas will remain closed for one month.

Use of personal protective equipment (masks)

The transport company shall ensure that:



- FFP2/FFP3 respirators and medical masks are available for medical personnel on board;
- kitchen workers have protective masks;
- Protective masks (FFP1 respirator or medical mask) are available for personnel in contact with customers;
- it is possible to buy protective masks from the ship for personal use.

Additional information on the use of PPE can be found on the Health Board's website:

<https://www.terviseamet.ee/et/uuskoroonaviirus/viirusest-hoidumine>

www.terviseamet.ee/sites/default/files/Nakkushaigused/Juhendid/COVID19/lisa_2_ikv_kasutamise_pohimote.pdf

Safety in port processes

1. Diversion of passengers on arrival in port (earlier boarding, markings following 2+2 rule).
2. Safety notifications in cooperation with the port (informative signs, information through loudspeakers, etc.).
3. The onboard check-in process shall be performed via digital channels to the maximum extent possible to minimize physical contact, including pointers and signs in the queues to the ticket offices and signs to keep the necessary distance.
4. During the check-in process, the passenger confirms the absence of Covid-19 symptoms ("I am aware that traveling with Covid19 symptoms is prohibited").
5. Ensuring safety upon boarding and disembarking (signs at the entrance and exit of the ship, markings).
6. If possible, use thermal imagers to screen passengers' body temperature upon boarding.
7. Signs for the embarkation and disembarkation of passengers to maintain a reasonable distance.

Safety on board a passenger ship

PUBLIC AREAS OF THE SHIP

1. Safety notices (signs regarding distance and hand hygiene).
2. Signs for moving of the passengers onboard and for disembarkation of passengers at exits (including lifts and stairs) and in the waiting area to maintain the necessary distance.
3. Cleaning frequently touched surfaces every 2-4 hours.

ACCOMMODATION IN CABINS

1. Application of the 2 + 2 restriction rule in the cabin occupancy.
2. Clean cabins as usual.
3. Knowing that a sick customer has been in a cabin, a thorough cleaning, including that of upholstered furniture and textiles, must be performed in the cabin after the customer has left.

SHOPS

1. Possibilities of hand disinfection both upon entering the shop and at checkouts.
2. Enabling distance between customers.



3. Do not organize product presentations and tastings, and do not offer reusable cosmetic testers.
4. Regular cleaning and disinfection of frequently touched surfaces, shopping baskets, and carts.

CATERING

1. Hand disinfection options for passengers entering the catering area.
2. Planning tables according to distance requirements.
3. Signs indicating restrictions on seating places.
4. In the catering area, the distribution of customers is regulated by the customer service representative.
5. Tableware (plates, knives-forks, drinking utensils) is provided to each eater by a customer service representative (i.e., not obtained by the customer according to self-service principle).
6. Disposable or laminated menus.
7. It is recommended that catering be arranged with table service to reduce customer exposure to different waiters and guests. Buffet-style catering is organized in such a way that the food is distributed by the waiter (the food counter must be covered with glass, film, etc., to prevent contamination).
8. Follow all normal food hygiene rules.

Additional information: www.terviseamet.ee/et/COVID-19trukised
<https://www.terviseamet.ee/et/terviseameti-riskihinnangudcovid-19-piirangute-leevendamise-tingimustes>